



Sandridge Lesson Programs

Welcome to the wonderful world of riding! Check out the programs below to determine the best choice for you.

We Offer -

Certified Instructors

Thank you for reviewing the Sandridge Stables Riding Programs. We are proud to bring you excellence in instruction with the most up to date coaches and standards in a top quality facility with a focus on classical education and rider safety. All instructors at Sandridge Stables are certified or in process through Equine Canada, the national governing body for equestrian sport in Canada and the National Coaching Certification Program, which governs coaching and certification standards for all amateur sport in Canada. This ensures students have the best possible instruction with specific attention to safety and the learning progression. Standards under this program are comparable to those in other equestrian countries such as England, Germany, the Netherlands and the U.S. Our instructors continually pursue their own professional development and teach under the guidance of Equestrian Canada High Performance Coach, Tricia Dahms.

Certification For Riders

Equine Canada and the Alberta Equestrian Federation have developed English Rider Standards 1-10 to assist in the development process of a rider. While entirely voluntary, taking these accreditation standards provides focus, motivation, goal setting opportunities and a pathway to achievement. Exams are held annually for students who wish to participate in the certification process to progress at their own pace.

Rider Programs

1. **Learn to Ride** – Saturday and Sunday mornings as well as Monday & Friday evenings if there are sufficient riders to support these days.
 - **CHILD, YOUTH & ADULT** beginner programs for those just starting out or are just getting back into riding after a long hiatus and want to brush up on the basics. We offer different lesson groups for those at similar levels of skill.
 - Learn to Ride programming is for anyone who is getting on a horse for the first time to people who may have had some previous riding experiences and are still

working on their basics of learning all three gaits of walk, trot and canter. Riders are working on balance, proper body and leg positioning, learning the aids and how to them, steering, and rhythm. ***NO riding assessment is needed, but we will consult with you about your previous riding experiences to help best place you in our program.***

- Once or twice a week lessons on a monthly invoice or flex lessons. Students can opt for 2 flat lessons a week to advance their learning pace OR once a certain level of flat skills are reached, riders can add a beginner jumping lesson.
- A school horse and tack is provided
- Your own helmet, boots and riding breeches are required. *Rental helmets are available for the first couple of lessons.*
- We work on skills and knowledge needed towards the first 2 levels of rider certification.
- Year round lesson program

2. Intermediate & Advanced Regular Lesson Program - Dressage on Tuesdays & Jumping on Wednesdays & Thursdays

- Intermediate to advanced riders of all ages
- Intermediate & advanced riders start with a consultation to determine what program and scheduling best fits the needs and objectives of the rider. Sometimes, a riding assessment will be needed to best determine the level of the rider. The cost of the assessment is \$75.00 plus GST per person. Payment is due before the assessment begins.
- Dressage & Jumping lessons available
- Once or twice a week lessons at appropriate skill level
- Monthly invoice or flex lessons.
- School horses available
- Year round lesson program

3. Sandridge Competitor Program - Dressage on Tuesdays & Jumping on Wednesdays & Thursdays

- For the serious competitive rider of any age (and various skill levels)
- Although we focus primarily on showing in eventing ([Alberta Horse Trials](#)), there are some showing opportunities for just jumping and dressage
- Students are developing more advanced skills & competing
- Discounted lesson package rates for multiple weekly lessons
- Monthly invoice
- Year round lesson/training program
- Students must have or lease their own horse and tack
- 2 lessons a week and showing commitment of 5 shows per year

Flex or drop in lessons by arrangement. Lease horses available. Please inquire.